



# Pan Am Pool

## 25 Poseidon Bay

Schedule effective April 7 – June 15, 2024

Entry height requirements: 44 inches/112 cm at top of shoulder

**Holiday Hours:**  
 Victoria Day – Monday, May 20  
 10 a.m. – 2 p.m.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Shallow pool</b> Public swim	Noon – 5 p.m.	5:45 – 9 a.m. 11:30 a.m. – 5 p.m.	5:45 a.m. – 5 p.m. 8 – 9:30 p.m.	5:45 – 9 a.m. 11:30 a.m. – 5 p.m. 8 – 9:30 p.m.	5:45 – 10 a.m. 10 a.m. – 5 p.m. 8 – 9:30 p.m.	5:45 – 9 a.m. 11:30 a.m. – 9:30 p.m.	Noon – 5 p.m.
<b>Mid pool</b>	Noon – 5 p.m.	5:45 – 9 a.m. <b>(50m)</b> 11:15 a.m. – 5 p.m.	5:45 a.m. – 5 p.m. 8 – 9:30 p.m.	5:45 – 9 a.m. <b>(50m)</b> 11:15 a.m. – 5 p.m. 8 – 9:30 p.m.	5:45 a.m. – 5 p.m. 8 – 9:30 p.m.	5:45 – 9 a.m. <b>(50m)</b> 11:15 a.m. – 5 p.m. 5 – 9:30 p.m.	Noon – 5 p.m.
<b>Diving boards</b>	Noon – 5 p.m.	11:15 a.m. – 5 p.m.	8:30 a.m. – 5 p.m. 8 – 9:30 p.m.	11:15 a.m. – 5 p.m. 8 – 9:30 p.m.	8:30 a.m. – 5 p.m. 8 – 9:30 p.m.	11:15 a.m. – 5 p.m. 7 – 9:30 p.m.	Noon – 5 p.m.
<b>Kiddie pool</b>	Noon – 5 p.m.	11:15 a.m. – 5 p.m.	11:15 a.m. – 5 p.m.	11:15 a.m. – 5 p.m.	11:15 a.m. – 5 p.m.	9 a.m. – 8 p.m.	Noon – 5 p.m.
<b>Training pool</b> Lap swim 50m	9 a.m. – 5 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	–
<b>Free swim</b>	–	–	3 – 5 p.m.	–	–	–	–
<b>*Upper fitness centre</b> <b>*Walk/jog</b>	9 a.m. – 5 p.m.	5:45 a.m. – 9:30 p.m.	5:45 a.m. – 9:30 p.m.	5:45 a.m. – 9:30 p.m.	5:45 a.m. – 9:30 p.m.	5:45 a.m. – 9:30 p.m.	6:30 a.m. – 5 p.m.
<b>In-person registration</b>	9:30 a.m. – 4:30 p.m.	6:15 a.m. – 9 p.m.	6:15 a.m. – 9 p.m.	6:15 a.m. – 9 p.m.	6:15 a.m. – 9 p.m.	6:15 a.m. – 9 p.m.	7 a.m. – 4:30 p.m.

Pan Am Pool is Winnipeg’s host site for many aquatic events, therefore schedules change frequently. Please refer to our events schedule on our website at [winnipeg.ca/cms/recreation/facilities/pools/indoor\\_pools/pan\\_am.stm#events](http://winnipeg.ca/cms/recreation/facilities/pools/indoor_pools/pan_am.stm#events) or contact 311.

Reserve an available drop-in fitness class space using your Active Living membership. Go to [winnipeg.ca/leisureonline](http://winnipeg.ca/leisureonline), call 311 or visit any in-person registration location. For registration information, go to [winnipeg.ca/cms/recreation/leisure/registration.stm](http://winnipeg.ca/cms/recreation/leisure/registration.stm). Hours are subject to change. Call 311 or visit [winnipeg.ca/pools](http://winnipeg.ca/pools) for up-to-date schedule information.

\*Use of fitness centre restricted to those over 16 years of age or 12 – 15 years with adult supervision. Persons under the age of 13 years using the walk/jog area must be supervised by an adult.